

## What you can do

- **Watch for these types of diseases**, which may be hard to detect in the early stages.
- **Work with us to find infections early**, because early intervention is important for a lifetime of good health.
- **Ask for a simple screening test**—it can be performed in just minutes during your visit. You'll know immediately if your dog has been exposed to these diseases... or if treatment is needed.

[Look inside for details.](#)

## What you should know

- **Lyme disease** can be found in every U.S. state, and dogs are 50% more likely to get Lyme disease than to humans.<sup>1</sup>
- **Anaplasmosis**, an emerging disease, is surpassing Lyme disease in some areas of the country.<sup>2</sup>
- **Ehrlichiosis** is the second most common canine infectious disease in the U.S. (after parvovirus).<sup>3</sup>
- **Heartworm** infection rates remain unchanged over the past 10 years, despite tremendous awareness of the disease.<sup>4</sup>

## What we can do together

You know your dog better than anyone else. That's why your role as the "watchdog" for these infections is critical.

The information in this brochure can help you understand your role and how we can work together to provide the best care.

[Call us any time you have questions.](#)

# 3 ways to help avoid tick- and mosquito-borne diseases

### AT HOME:

#### 1. Inspect your dog's coat daily for ticks.

- Feel for ticks or hard bumps
- Remove ticks immediately and call us
- Bring your dog to see us if testing is recommended

#### 2. Watch for these signs of infection.

Call us immediately if any of these symptoms develop in your pet.

- Lameness
- Swollen or painful joints (your dog yelps when touched)
- "Just not himself/herself"
- Lack of energy/depression
- Loss of appetite or weight loss
- Vomiting
- Diarrhea
- Runny nose or eyes
- Mild, persistent cough
- Reluctance to move or exercise
- Tiredness after only moderate exercise

### AT THE CLINIC:

#### 3. Include a screening test during your dog's annual visit.

Your next appointment

# Ticks and Mosquitoes

Could they be secretly infecting your dog?

Together, we can be the best defense against diseases carried by ticks and mosquitoes.

- ▶ **Lyme disease**
- ▶ **Anaplasmosis**
- ▶ **Ehrlichiosis**
- ▶ **Heartworm disease**

These diseases are infecting dogs throughout the U.S., including in your own neighborhood.



We recommend following a rigorous prevention program to help keep these pests from infecting your dog.

#### Sources:

<sup>1</sup> Breitschwerdt E, Ford RB, Lappin M, Levy SA, Phillip M. Testing for ehrlichiosis and Lyme disease. *Clinical Dialogue: Supplement to Compendium on Continuing Education for the Practicing Veterinarian*. April 2001;23(4).

<sup>2</sup> Edward Breitschwerdt, DVM, DACVIM

<sup>3</sup> Hoskins JD. Seroprevalence of *Ehrlichia* in dogs. *Veterinary Forum*. October 2000.

<sup>4</sup> Verdon DR. Heartworm survey: No change in 10 years. *DVM News Magazine*, July 2002.



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Learn how to help your best friend avoid them to live a long, healthy life.



# 4 common questions

## 1. Is my dog likely to get infected?

Your dog can be exposed to these infections in almost any outdoor location where deer ticks, brown dog ticks and mosquitoes can be found. Risk varies from region to region. **You might not even know when it happens.**

## 2. How are these infections diagnosed?

Diagnosing can be difficult because signs aren't often present. However, we can run a very simple blood test to see if your dog has been exposed. If that test is positive, we will often run additional tests to identify the extent of infection and other related health conditions. **We recommend a parasitic disease screen at every annual checkup.**

## 3. What can I do to prevent and/or find these diseases?

Good tick control and heartworm prevention are vital. We can offer a vaccine for Lyme disease and a number of pills and topical products to help with the other diseases. **If you find a tick on your dog, call us immediately.**

## 4. Could I possibly contract these diseases from my pet?

These diseases **cannot** be transmitted directly from your pet to you or your family. However, if ticks are found in your area, your family can be at risk, just like your dog. To reduce the risk, inspect your dog and every family member for ticks several times a day when enjoying outdoor activities.



# Your guide to understanding canine parasitic diseases



**Lyme disease**



**Anaplasmosis**



**Ehrlichiosis**

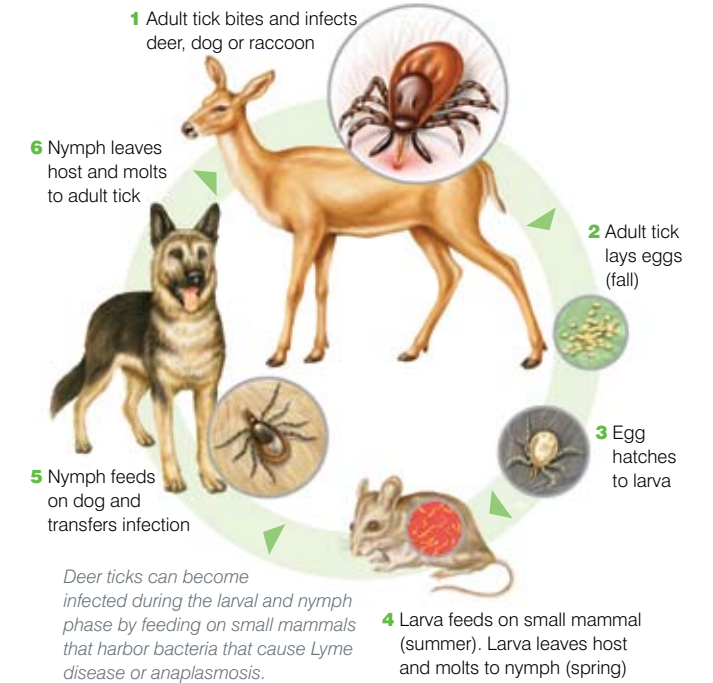


**Heartworm disease**

<b>Cause</b>	Deer tick ( <i>Ixodes</i> ) carries bacteria and bites dogs, spreading infection		Brown dog tick ( <i>Rhipicephalus</i> ) carries bacteria and bites dog, spreading infection	Mosquito transfers worm larvae from infected dog to your dog; larvae develop into worms that live in the heart and its vessels
<b>Most common signs of infection</b>	Silent infection <ul style="list-style-type: none"> <li>Lameness</li> <li>Fever</li> <li>Swollen joints</li> <li>Kidney failure</li> <li>"Not himself/herself"</li> <li>Anorexia</li> </ul>	Silent infection <ul style="list-style-type: none"> <li>Lack of energy</li> <li>High fever</li> <li>Swollen, very painful joints</li> <li>Loss of appetite</li> <li>Vomiting</li> <li>Diarrhea</li> </ul>	From mild to severe: <ul style="list-style-type: none"> <li>Loss of appetite</li> <li>Depression</li> <li>Fever</li> <li>Painful joints</li> <li>Bloody nose</li> <li>Pale gums</li> </ul>	No sign at first, then: <ul style="list-style-type: none"> <li>Mild, persistent cough</li> <li>Reluctance to move or exercise</li> <li>Tiredness after moderate exercise</li> <li>Reduced appetite</li> <li>Weight loss</li> </ul>
<b>Disease progression if left untreated</b>	Damaged joints, fatal kidney disease (rare)	Very low numbers of platelets and white blood cells, chronic joint pain, neurological signs (rare)	Permanent blindness, autoimmune diseases, bleeding complications, death	Heart failure, lung disease, sudden death
<b>Co-infection</b>	Co-infection with Lyme disease and anaplasmosis is possible. In addition, it's possible for your dog to become infected with any combination of parasitic diseases—including those not listed here.			
<b>Diagnosis</b>	<b>Simple blood test:</b> SNAP® 4Dx™ Test (can detect four infections in one blood sample in less than 10 minutes) <b>Other tests:</b> Complete blood count, chemistry profile, urinalysis, other special tests, depending on initial findings and symptoms			
<b>Treatment</b>	Antibiotics: doxycycline, tetracycline	Antibiotics: doxycycline, tetracycline	Antibiotics: doxycycline, tetracycline	Adulticides (kills adult heartworms), melarsomine (Immiticide®) <small>Source: American Heartworm Society</small>
<b>Prognosis</b>	If caught and treated early, the outcome is usually very good for a full recovery from symptoms. Some of these infections cannot be cured completely, but early intervention usually provides the best prognosis.			
<b>Vaccine available?</b>	Yes	No	No	No
<b>Other prevention</b>	Daily tick inspection and removal, and the use of topicals and other veterinarian-dispensed products			Heartworm pills and topical preventatives (typically monthly)

**IMPORTANT: No prevention is 100% effective. Test your dog every year.**

## Tick-borne disease life cycle



## Mosquito-borne disease life cycle

